



KidsMatter's programs and education build the Developmental Assets that empower young people to succeed:

Support

Care, love and supportive environments

Empowerment

Opportunities to contribute, feel safe and valued

Boundaries and Expectations

Clear rules, consistent consequences, encouragement to do their best

Constructive Use of Time

Opportunities to learn and develop new skills and interests

Commitment to Learning

Lifelong commitment to education and learning

Positive Values

Strong values that guide healthy choices

Social Competencies

Skills and ability to make positive choices, build relationships and succeed

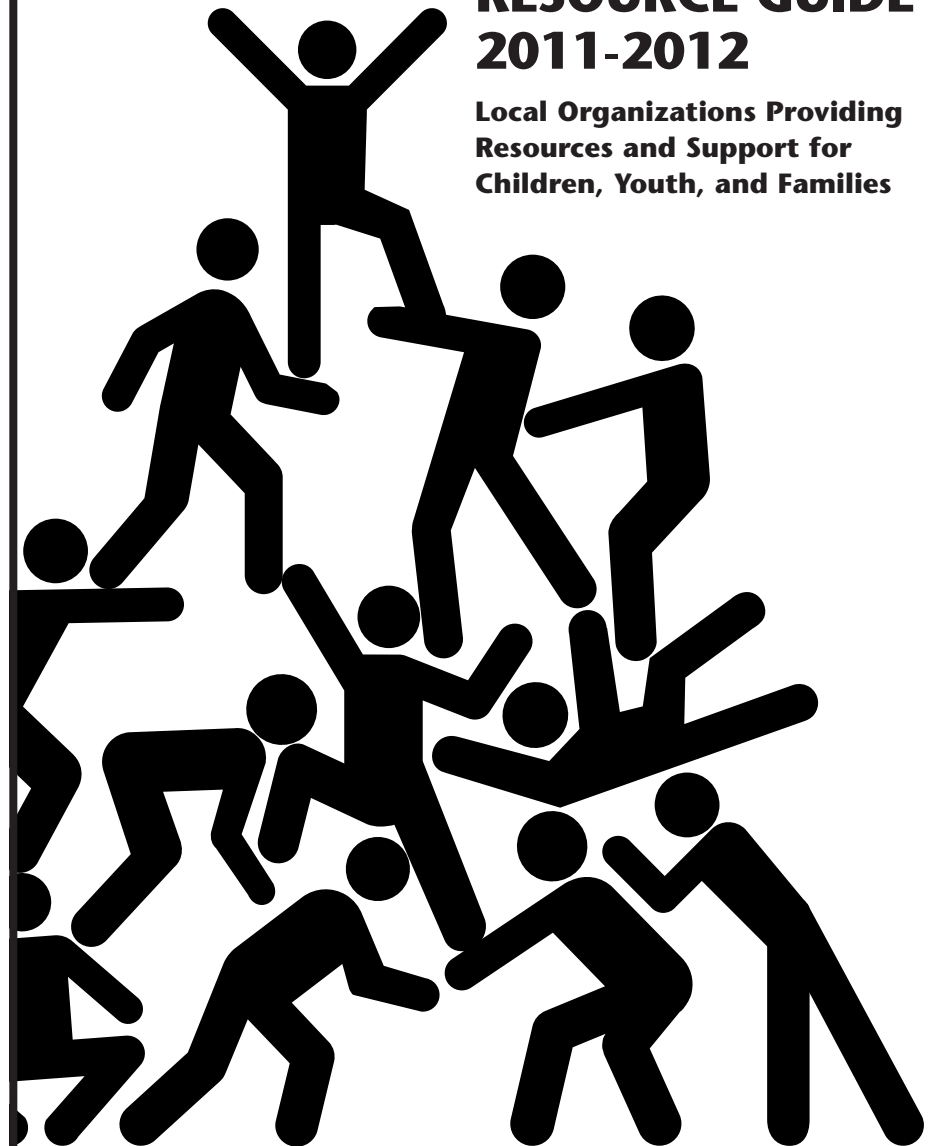
Positive Identity

Belief in self-worth and positive view of the future



**COMMUNITY
RESOURCE GUIDE
2011-2012**

**Local Organizations Providing
Resources and Support for
Children, Youth, and Families**



www.KidsMatter2us.org

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www.KidsMatter2us.org
Follow us on Facebook and Twitter

**Empowering,
Connecting,
Supporting
and Honoring
Kids and Families**

KidsMatter equips youth and families with tools
to manage the stress of everyday life through:

DYNAMIC SCHOOL AND COMMUNITY PROGRAMS
PRACTICAL EDUCATION
RESOURCES AND YOUTH RECOGNITION

We harness the power of partnership with parents,
educators and an extensive network of community resources
to help kids and families thrive.

Contact our Community Resource line at 630-567-6981
to schedule a KidsMatter/CYT speaker
for your business or school/community group.

*KidsMatter thanks
the Exchange Club of Naperville and the RR Donnelley Foundation
for their financial support of this resource.*

RR DONNELLEY 

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www.exchangeclub.org

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THE COLLABORATIVE YOUTH TEAM



The Collaborative Youth Team is comprised of local youth/family-serving organizations and academic institutions that partner together to foster collaboration on community-wide programs that increase awareness, stimulate discussion and facilitate action to improve the health and well-being of children, youth and families.

Our goal is to promote activities and programs that provide recognition and encouragement to children, youth and families through a strength-based approach that promotes Developmental Assets.

Youth and families are the future of our community. Yet every day kids battle the stress of academic, social and economic competition. Left unmanaged, these stressors can undermine healthy personal development and lead to chronic anxiety, depression, drug and alcohol use and thoughts of suicide. The purpose of this booklet is to provide young people and families with the support and services they may need to manage stress and restore balance in their lives.

Social Service Agencies

BREAKING FREE



Mission: To provide the highest quality education, prevention and counseling services focused on drug and alcohol abuse, child abuse, family relationships, mental health and wellness.

Services: Adolescent and adult counseling, parent training, violence and domestic abuse prevention programs, "Boost" mentoring and Operation Snowball proactive youth drug-prevention program.

www.breakingfreeinc.org

630-897-1003
120 Gale St. Aurora IL 60506

FAMILY SHELTER SERVICE



Mission: To serve those affected by domestic violence by providing a network of dynamic, interconnected programs and empower individuals and families to realize their potential.

Services: Services include a 24 hour/7 day a week hotline, a secure shelter for women and children, intermediate housing, individual and group counseling, court and victim advocacy, case management, community education and training through the PEACE (Prevention, Education, and Community Engagement) Project, specialized programs for children, women, men, and the Latino community, and a volunteer program. FSS also has two resale shops located in Naperville and Westmont where clothes and other items can be donated.

www.familyshelterservice.org

630-221-8290
630-469-5650 (24/7 hotline)

LINDEN OAKS HOSPITAL AT EDWARD

LINDEN OAKS at EDWARD

Mission: Treating every aspect of an individual, including biological, psychological, social and spiritual needs, is essential to achieving the best possible outcomes for recovery.

Services: One-to-one and group counseling, outpatient and inpatient mental and behavioral healthcare services.

www.edward.org/lindenoaks
630-305-5500 (24/7 resource line)
801 S. Washington St., Naperville IL 60540

METROPOLITAN FAMILY SERVICES

Metropolitan Family Services

Mission: To provide and mobilize the services needed to strengthen families and communities by responding to the needs of low-income and working poor families.

Services: Individual and group counseling for children, teens and adults, with specialized services for older adults and their family caregivers, Employee Assistant Network (EAN), parent programs, in-home senior respite and school and community based youth mentoring.

www.metrofamily.org
630-784-4800
222 E. Willow Ave., Wheaton IL 60187

*Children have more need of models
than of critics.*

CAROLYN COATS

NAMI OF DUPAGE



National Alliance on Mental Illness

Mission: To provide support, advocacy and education in order to improve the quality of life of individuals with mental illness and their families.

Services: Classes and support groups for consumers, parents, family members and caregivers; school education and awareness programs for students, teachers and parents as well as a variety of resources and materials regarding mental illness.

www.namidupage.org
630-752-0066
2100 Manchester Rd., Bldg. B Suite 925, Wheaton IL 60187

NCO YOUTH & FAMILY SERVICES



(Name will be changing to 360 Youth Services)

Mission: NCO provides life-changing services to youth through prevention education, counseling and shelter. Our vision is a community where all youth possess the necessary skills to successfully navigate life's challenges.

Services: We offer Individual, Couples and Family Counseling, Crisis Intervention for High Risk Youth, WINGS (Women Involved in Girls' Success) Mentoring Program, Transitional Housing Program for young men (18-24 years old) and women (18-21 years old), peer skill-building groups to boost self-esteem at the elementary, middle school and high school levels, LGBTQ Network, Snowball and Snowflurry prevention programs and The Power of Choice campaign.

www.ncoyouth.org
630-717-9408
1935 Brookdale Rd., Suite 119, Naperville, IL 60563

PROJECT H.E.L.P.



Healthy Environment for Little People

Mission: To strengthen and support the quality of life for parents and their children.

Services: We offer the Parent to Parent Mentoring Program and Parent Education classes.

www.projecthelpdupage.org
630-357-LOVE (5683)
1815 W. Diehl Road, Suite 100, Naperville, IL 60563

SAMARITAN INTERFAITH COUNSELING



Samaritan Interfaith
Counseling • Consulting • Education

"A place for healing and hope"

Mission: To alleviate suffering, facilitate change and bring about mental, emotional and spiritual healing and growth to persons of diverse backgrounds and varied financial means.

Services: We offer mental health counseling and psychological testing services for all individuals (children, adolescents, adults) and couples regardless of one's resources.

www.samaritancenter.org
630-357-2456
1819 Bay Scott Circle #109, Naperville IL 60540

*In family life, love is the oil that eases friction,
the cement that binds closer together,
and the music that brings harmony.*

EVA BURROW

THE EDUCATION CENTER



Mission: To help kids succeed in life and school through professional "life coaching" and mentoring so they find the self-confidence and skills they need to succeed through professionally administered programs.

Services: Life coaching and an extensive referral network of counselors, mentors and resources to help children and teens ages 6-20.

www.theeducationcenter.org
630-420-7807
113 E. Van Buren St., Naperville IL 60540

Education

INDIAN PRAIRIE SCHOOL DISTRICT 204



Mission: To inspire all students to achieve their greatest potential.

Services: District 204 youth and families have access to school counselors, deans, peer support groups and other student services for a variety of social-emotional and academic needs. Visit the website to view a calendar of school and community events or sign up for 204 E-news.

www.ipisd.org
630-375-3000
PO Box 3990, Aurora IL 60567

Kids spell love T-I-M-E.

JOHN CRUDELE

NAPERVILLE COMMUNITY UNIT SCHOOL DISTRICT 203



Mission: To produce students who are self-directed learners, collaborative workers, complex thinkers, quality producers and community contributors.

Services: District 203 youth and families have access to school counselors, deans, social workers, peer support groups and other student services for a variety of social-emotional and academic needs. Visit the website for community information available in vB203 (Virtual Backpack) and to sign up for Community Talk 203 email.

www.naperville203.org

630-420-6300
203 W. Hillside Rd., Naperville IL 60540

NORTH CENTRAL COLLEGE



Mission: To prepare students to be informed, involved and principled and productive citizens and leaders over their lifetime, and promote an academic climate that emphasizes leadership, ethics and values.

Services: Sign up on the website to receive weekly news updates as well as information on community events and programs for youth and families through athletic, music and fine art camps, the Lederman Scholars program and the Community Education program.

www.northcentralcollege.edu

630-637-5800
30 N. Brainard St., Naperville IL 60540

Recreation

DUPAGE CHILDREN'S MUSEUM



Mission: To stimulate curiosity, creativity, thinking and problem solving in young children through: self-directed, open-ended experiences; integration of the arts, science and math; and the child-adult learning partnership.

Services: School programs, field trips, Learning Labs, Just for Grown Ups programs, Creativity Classes, professional development for educators and child care providers, Family Math & Science Nights, Tiny Great Performances, Family Fun Friday Nights, scouting programs, camps, Third Thursday programs (for children with autism spectrum disorders, visual impairments and/or mobility impairments), Community Access and Outreach programs.

www.dupagechildrensmuseum.org

(630) 637-8000
301 N. Washington St., Naperville, IL 60540

NAPERVILLE PARK DISTRICT



Mission: To provide recreation and park experiences that enrich the quality of life for our community.

Services: 1,400 sports, fitness, arts, camps and environmental programs for a wide range of ages, including programs for those with special needs. 139 parks, sports fields and courts, walking/biking trails, playgrounds, golf courses, and other unique facilities.

www.napervilleparks.org

630-848-5000
320 W. Jackson Ave., Naperville IL 60540

YMCA



Mission: The Y is committed to strengthening communities through youth development, healthy living and social responsibility.

Services: Serving Naperville for over 100 years, the Y is an inclusive organization dedicated to building healthy, confident, connected and secure children, adults, families and communities. We do this through programs and services that include aquatics, summer camps, youth sports, health and wellness and the "Safe & Sound" before/after school program. The Y does not turn anyone away for an inability to pay, offering fee assistance on a sliding scale.

www.ymcachicago.org

630-420-6270

3 Naperville locations:

Kroehler Family YMCA, Fry Family YMCA and the Y Sports Complex

Government

CITY OF NAPERVILLE



Naperville

Mission: To preserve the quality of life by providing municipal services that are responsive to the needs of the residents and businesses and are reliable, efficient and fiscally responsible.

Services: Visit the website for information regarding community calendar events, links to local social service agencies, volunteer opportunities, dining, places of interest and other information.

www.naperville.il.us

630-420-6111

400 S. Eagle St., Naperville IL 60540

NAPERVILLE POLICE DEPARTMENT



Mission: To provide professional, high quality, effective police services in partnership with the community.

Services: Visit the website for information on community education and crime prevention programs, Safety Town, domestic violence resources and other public safety topics.

www.naperville.il.us

9-1-1 (emergency)

630-420-6666 (non-emergency)

1350 Aurora Ave., Naperville IL 60540

Faith Communities

FAITH COMMUNITIES OUTREACH

Mission: To provide a partnership with the local faith communities to discuss youth issues, plan joint programs and help direct families to community support and services.

630-527-6562

info@kidsmatter2us.org

*The bond that links your true family
is not one of blood, but of respect and joy
in each other's life.*

RICHARD BACH

KidsMatter Events

Last Fling Skaters' Picnic (Saturday of Labor Day Weekend)

A free picnic for skaters that enhances relationships between our police and skating youth.

Families Matter! A month-long Celebration of Families! (September/October)

Highlights the importance of families volunteering, eating, playing and reading together by offering opportunities for families to attend or participate in at home.

KidsMatter Volunteer Fair (Annual Fall Event)

Connects youth and families to a wide variety of volunteer service opportunities.

Naperville Area Youth Service Awards (Annual November Event)

Recognizes youth who demonstrate service to their community and world. Students are honored by the Mayor and City Council, KidsMatter and other community leaders.

KidsMatter Job Fair (Annual Spring Event)

Prepares youth for the workforce by providing them with the tools they need to be successful in their job search – as well as connecting them to employment opportunities.

*Always kiss your children goodnight –
even if they're already asleep.*

H. JACKSON BROWN, JR.

KidsMatter Programs and Service Opportunities

Empowering Kids!

Youth in Action Presentations: Motivational and interactive assembly and classroom presentations available for school groups (K-12) and community organizations to empower kids & families to build positive Assets, balance the stressors of everyday life and learn to use their talents to serve others.

Building the Leader in You!: Teens are encouraged to join our Youth Leadership Team to help with KidsMatter's events and programs, learn business and leadership skills and even design their own project.

Bridging the Gap: Volunteer opportunities for youth and their families to assist our elderly population with crafts, games, computer technology, music, reading and more!

Teen Serve: Volunteer opportunities at local homeless shelters. Serve once a month or once a year from October through May!

Teen Mentors Matter: Mentoring program that encourages youth 13 and over to offer friendship and support to a younger child in their own neighborhood.

Empowering Parents!

Empowering Parents Seminar Series (Free): Showcases local social service agencies and businesses who will present relevant topics impacting the health of our youth & families.

**For more information about any of the programs above,
please contact Kathy@KidsMatter2us.org.**

*You don't really understand human nature
unless you know why a child on a
merry-go-round will wave at his parents
every time around – and why his parents
will always wave back.*

WILLIAM D. TAMMEUS